



## I'M FEELIN' IT

### Supplies

I'm Feelin' It Cards

### Directions

1. Before you lead this episode, copy and cut apart the I'm Feelin' It cards.
2. Explain: What happened in today's episode prompted strong emotions in those who were there. Together we'll show and guess some emotions that likely were felt by various people in the story. You'll guess the emotion and who may have felt it.
3. Players will take turns picking I'm Feelin' It cards. Players should not show their cards to each other.
4. When a player picks a card, that player will silently show on his or her face the emotion listed on the card. Other players will try to guess what the emotion is.
5. When acting out an emotion, players can *only* use facial expressions—no audio. And *all* players will make the same face before guessing the emotion.
6. Once an emotion is correctly identified, the person acting can confirm it and then continue acting to help other players identify the Bible character.
7. Note: The same character may experience several different emotions, and the same emotion may be experienced by several characters. Hey—people and their emotions are complicated!
8. When an emotion and its character have been identified, ask players to tell when in the Bible story the character may have felt that emotion. For example, Roman soldiers may have been MEAN when nailing Jesus to the cross; Romans soldiers may have been SCARED when the earthquake took place.

After the activity, talk about this:

- Which of the emotions we explored comes closest to how you feel when you think about Jesus being alive again?
- In what other situation have you felt that same emotion? What happened?
- If you could ask any of the people from the story about what they saw and heard, who would you choose? Why that person or those people?
- An emotion that people often name when considering Jesus' resurrection is "awe"—awe that leads to worship. What's a way you could worship Jesus for rising from the dead?

Pause to try at least 1 of the worship ideas suggested by participants.

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UNIT: JESUS REIGNS

EPISODE 04: JESUS IS ALIVE!

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# PLAY IT

## I'M FEELIN' IT CARDS

|   |   |
|---|---|
| <b>SAD—Joseph of Arimathea</b>                  | <b>TIRED—Pilate</b>                       |
| <b>ANGRY—Chief priests &amp; Pharisees</b>      | <b>SCARED—Roman soldiers</b>              |
| <b>SURPRISED—Roman soldiers</b>                 | <b>MEAN—Roman soldiers</b>                |
| <b>TRIUMPHANT—Chief priests &amp; Pharisees</b> | <b>HAPPY—2 angels at Jesus' ascension</b> |
| <b>SAD—Mary Magdalene</b>                       | <b>SURPRISED—Mary Magdalene</b>           |
| <b>EXCITED—Peter and John</b>                   | <b>NERVOUS—Peter &amp; John</b>           |
| <b>TRIUMPHANT—Jesus</b>                         | <b>HAPPY—Jesus' followers</b>             |
| <b>CONFUSED—Jesus' followers</b>                | <b>HAPPY—Angel at tomb</b>                |