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## Episode 08: Deuteronomy 6:5



**CELEBRATE IT**

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### Family Trail Mix

You know trail mix: that mishmash of nuts, dried fruit, and chocolate bits you munch while hiking, just before a bear eats you for lunch.

Create a unique trail mix by having each family member select an ingredient to toss into the mix. One rule: It has to be a dry ingredient—no ice cream or yogurt!

Ingredients:

Anything: you decide!

Directions:

1. Take a family trip to a dollar store or grocery store so everyone can select one non-candy item to include. Or, if you have a well-stocked pantry, select items there.
2. Mix with enthusiasm, then place portions of your creation in individual sealable containers or bags.

Take a family hike and enjoy your snack as you go. Avoid bears.

As you meander (even if it's just around the block or inside your house), talk about this:

- What—if anything—is in the way of our family loving God with **ALL** our **HEART, SOUL,** and **STRENGTH**? What can we do to remove those obstacles?

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## All-In Charades

You can't play Olympic-level charades unless you're fully committed—you've got to give it your **ALL**, your best. It's sort of like loving God with ALL you are—your **HEART, SOUL, and STRENGTH**.

And make no mistake: These are Olympic-level charade challenges. Each one features a specific animal or famous person doing an activity. You've got to act out your charade in such a way that your family guesses both the animal or person and what they're doing.

Tips:

- It's easiest if you first help your family figure out who you are, and then what you're doing.
- If you have young children playing, it's OK to give them just half the assignment—to portray an animal / person or an activity.
- Set a 2- or 3-minute time limit; sometimes in charades you're stumped, and it's best to just move on.

Let the games begin!

Supplies:

Charade Challenges (Suggested below—but add your own for extra fun!)

Slips of paper

Pen

Timer (optional)

Directions:

1. Write each Charade Challenge on a separate slip of paper.
2. Have family members take turns drawing a slip of paper and acting out what's on the paper.
3. Start guessing!

When the game is over, enjoy a snack together. Use these questions to have a champions' conversation:

- To make charades work, you've got to give it your **ALL**—your creativity, energy, and focus. What's something else you do in life where you give it your **ALL**?
- As a family, how can we give our **ALL** to loving and following God?

### Charade Challenges:

Abraham Lincoln vacuuming a rug  
A tap-dancing lion  
A praying camel  
A snoring pig  
John the Baptist eating a locust  
King Kong watching television  
A skunk walking a dog  
Micky Mouse playing tennis

A hummingbird taking a bath  
[Your kids' favorite sports team] knitting  
Darth Vader riding a bicycle  
A hamster playing piano  
Santa Claus scoring a soccer goal  
A hippo singing in the shower  
An octopus playing hopscotch  
An ice-skating flower