



Gospel Light®

HOME DISCUSSION GUIDE
for ages infant-36 months

SPRING A
Lesson 13

Trusting God with your Toddler

“Be still and know that I am God”

Psalm 46:10

I try to share things I discover about my toddler with the workers at church. I've noticed when it's loud or she gets overexcited, I can calm her by rocking her and holding her close or taking her to a quiet place she can play with a toy. The church workers appreciate tips to help them care for her while she's there—and it makes me feel better about leaving her with them!

Try This:

Tummy time is great for babies and toddlers. It helps them develop many different muscle groups in their bodies. So, every day I try to get in at least one reading session during the day where we lay on the floor on our tummies to look at a book. Playing games and doing movement activities from a tummy-down position are also fun and good for muscle development!