



Gospel Light®

HOME DISCUSSION GUIDE
for ages 10-12

SPRING A
Lesson 13

Young and Old

The Lord loves the righteous. The Lord watches over the . . . widow.

Matthew 6:20

One of the most beneficial things we did with our preteens was help them develop relationships with older people in our church. For a while, we took one woman to church and out for Sunday dinner. Our kids grew to enjoy her stories of what it was like when she was their age. They learned to walk more slowly, be more gentle when they were with her and really listen to what she was saying. I watched them demonstrate a caring and concern for another person as they grew to love her. **God cares very much for older people who love Him. He is using you to show His love.**

Try This:

As I was talking with my child about things that are hard for older people to do because their bodies don't work like they used to, I suggested he tape his thumb to his hand and try eating dinner that way. He was excited to try that and discovered it took him longer to eat and he made a bigger mess. He better understood how some people are different from him and became more willing to accept them. (Other experiments he enjoyed included tying his shoe with one hand, tying a yardstick to his leg and then trying to sit in and get out of a chair.)