



Gospel Light®

HOME DISCUSSION GUIDE
for Elementary

SPRING A
Lesson 5

One Busy Day

*I trust in God's unfailing love for ever and ever. I will
praise you forever for what you have done.*

Psalm 52:8-9

Parenting kids makes a busy life—one busy day after another! The major part of my relaxation strategy? To trust Jesus to be in charge of my life! As I stay close to Him, I remember that He loves my children and can do more for them than I can! I talk to Him throughout the day, asking for His help in ordinary tasks, especially with my kids. At mealtime and bedtime when my kids and I pray together, I want to be sure they hear me thank God, naming specific ways He took care of us that day.

Try This:

Play “Who’s in charge?” As you travel around town and pass the school, store or hospital ask, “Who’s in charge there?” Accept all answers and then talk about them. (It’s not always clear who’s in charge, so it can be interesting!) Ask, “Who’s in charge of parents?” “And who’s in charge of you?” Ultimately, the answer is “Jesus!”