



Gospel Light®

HOME DISCUSSION GUIDE
for ages infant-36 months

SUMMER A
Lesson 2

Good Food from Plants

*The grass withers and the flowers fall, but
the word of our God stands forever.*

Isaiah 40:8

Cooking together is a wonderful time for relaxed conversation with your toddler. While you talk, let him tear apart lettuce for a salad or sprinkle shredded cheese, raisins and sunflower seeds into the bowl. Let him snap fresh green beans in two or stir items together. Answer his questions and ask him questions, too: “What animal likes to eat lettuce?” “Where do sunflower seeds come from?” Say, **God gives us food to eat from the plants He made. God cares for you and God cares for me!**

Try This:

Give your toddler a head start toward being a good reader! The first step in reading words is hearing them over and over again as babies. As pathways in the brain develop, more connections are made with the word until it is recognized on the page. So when your child asks—again—for you to read the same book, do it! You are actually building a foundation for her reading future. (That includes her future of reading and following God’s Word!) Even if she’s interested in a book for only two minutes, know that’s typical for a child of this age.