



Gospel Light®

HOME DISCUSSION GUIDE
for ages infant-36 months

SUMMER A
Lesson 1

Fun Food for Toddlers

He tends his flock like a shepherd: He gathers the lambs in his arms and carries them close to his heart; he gently leads those that have young.

Isaiah 40:11

For toddlers, food is fun! Eating it is only part of a total sensory: kids explore texture, taste, smell, density, weight, size, shape—all food is a science experiment in how things work! When your child squeezes the banana between his fingers, recognize that he's a small scientist. Instead of getting upset or hurrying him, allow extra time—and then, sit down with him! As you talk through what he is doing and put words to his experience, he'll learn dozens of things all at once!

Say, **God cares for you. God gives you food to eat.** These simple experiences remind me that God cares for me, too. He has time for me. What a thought!

Try This:

For more fun summer experiences, place a bird feeder where your little one can watch it from a window. Talk about the way God made birds. He cares for them. **God made you. He cares for you.**

Take a few seeds from the birdseed and plant them in little cups. Add drops of water daily to watch the seeds become plants.