



Gospel Light®

HOME DISCUSSION GUIDE
for ages 10-12

SUMMER A
Lesson 13

Take a Breather!

*Blessed are the peacemakers, for they
will be called sons of God.*

Matthew 5:9

When summer sibling rivalry peaks and breaks into all-out “sible war,” you can count on someone crying to you with a story. First, keep an ear open anytime you sense an escalation in kids’ voices so that you’re able to catch what’s really happening. Avoid taking one child’s word over the other. Listen to what each child says and feels. But make it their responsibility to talk to each other and work it through. **Do you think you can work it out or do you need help?** Guide them in problem solving if they need it. If your usual tattler is acting out of a need for more attention, find ways to give her more attention when she is NOT tattling. Once things are resolved, it is sometimes a good idea for them to take a breather from each other while emotions settle down. But do let them know, **I’m pleased that you are able to talk and work things out. That pleases God, too.**

Try This:

When your kids are involved in a group activity like a sports team, choir or scout troop, notice and thank them for the specific ways they worked together with others at some event. Remind them, **Learning to become a peacemaker and working kindly with others is highly valued by God.**