



Gospel Light®

HOME DISCUSSION GUIDE
for ages infant-36 months

SUMMER A
Lesson 12

An Extra Dose of Patience

The fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control.

Galatians 5:23

Do you ever have a day when nothing seems to go right? Some day, I just never quite get it together! My little ones have days like that, too. When they have one of those days, I try to adjust the schedule to meet their needs. My toddlers love bath time. On these off-days, I let them stay in the tub longer or let them take a bath twice. I smile at them more and try to notice the good things that happen: "You ate your cereal. Good for you! I like how you pet the kitty gently." I pray for an extra dose of the fruit of the Spirit, too! What helps me most is to stop and thank God for His friendship, love and help on days like this! Being thankful helps me to remember that this day will end and that tomorrow will likely be easier!

Try This:

I like to play My Friends with my kids. I put on some upbeat music and we clap and dance while it plays. When the music stops, we hold hands and walk in a circle. I say, **God gives us friends. I'm glad we're friends. God loves you and God loves me, too!**