



Gospel Light®

HOME DISCUSSION GUIDE
for ages 2-5 years

SUMMER A
Lesson 3

Tricky Truth

Speak the truth to each other.

Zechariah 8:16

It's not usually hard to tell when a preschooler is not being honest. But rather than trying to catch her in a lie ("Did you take the toy away from your little brother?"), simply state what you saw. ("I saw you take that toy from Jon.") To help her practice truth telling ask, "What happened?" If she gives you a different story or doesn't say anything, suggest some words: "I took the toy away. Jon cried." Then tell your child what behavior you want: "You need to give the toy back." And teach a better way, like how to negotiate: "If you want that toy, trade with him. Give him something he would like." Ask her to repeat what she could do if she wanted that toy. Growing skills in kids takes time but it makes life so much easier that it is well worth the effort!

Try This:

Play the Truth Game to help kids know the difference between truths and untruths and to help them be quick to say the truth. We take turns making statements for one of the kids to decide, "truth" or "not truth." Here are some ideas: "We live in a house." Truth. "We live in a garbage can." Not truth. "I eat napkins." Not truth. "I love you." Truth!