



# Gospel Light®

HOME DISCUSSION GUIDE  
for ages infant-36 months

WINTER A  
Lesson 8

## Developing Trust

*Great is his love toward us, and the  
faithfulness of the Lord endures forever.*

Psalm 117:2

Toddlers are always learning! From early on, they are learning what it means to trust and depend on others: When I'm wet, someone changes me. When I'm hungry, someone feeds me. Little ones also depend on you to help them understand events. Give them words for what is happening around them: **You dropped the ball or First we'll put away the toys; then we'll eat.** Because little ones are beginning to solve problems, roll a ball under the couch and let them find a way to reach it. Give them toys that are easy enough for them to manipulate and let them figure out how to make them work. Let your child know, **You are learning to do new things. God loves you! God gave you a growing brain.**

### Try This:

Help your baby develop by forming stable, affectionate relationships. If your little one is active and busy, get down and be active with him and provide activities to let him be himself. If he's sensitive and easily overwhelmed, try to understand him and meet his needs with calming activities and less input. Let your little one learn to trust you.