



# Gospel Light®

HOME DISCUSSION GUIDE  
for ages 10-12

WINTER A  
Lesson 9

## Make It Better

*You are the salt of the earth. But if the salt loses its saltiness, how can it be made salty again?*

Matthew 5:13

When we're preparing a meal, I let my kids smell different spices and guess what they are. I teach them which spices are good to use for different foods. Salt makes food taste better and keeps some food from spoiling. I tell them, **We are like salt to the world, making our world and the lives of others better.**

### Try This:

I share with my kids how I use my lunch break as an opportunity to encourage and build up my coworkers. I ask my kids, **What might you be able to do at lunch time at school to "be salt" and make someone else's life better?**