



Gospel Light®

HOME DISCUSSION GUIDE
for ages 10-12

WINTER A
Lesson 13

Wise Choices

You are the salt of the earth. But if the salt loses its saltiness, how can it be made salty again? It is no longer good for anything, except to be thrown out and trampled by men.

Matthew 5:13

As my preteens began to do more activities with their peers, we talked about making right choices away from home. We told them that if they are ever in a situation where peers are trying to get them to do something they know we wouldn't allow, they can call or text us and we can come get them. They can always say to their friends that their parents do not allow them to do those things. As they moved into their teens years we continued to use this plan and reminded them as they went out that they always have a way out of tough spots when the pressure gets too great. We commend them often for standing true to their values.

Try This:

One of my children was always worrying about bad things that might happen. We wrote out a plan for different scenarios and reviewed them to ease his worries. I found this was helpful for the whole family to know what to do in a crisis. We have a plan for a fire in the home and for storms. We teach our kids how they can get in the house if no one is home, what to do if the electricity goes off. Eventually, my child gained a sense of confidence as we practiced.