



Gospel Light®

HOME DISCUSSION GUIDE
for ages infant-36 months

WINTER A
Lesson 7

Know and Love Your Child

*Let us love one another, for love
comes from God.*

1 John 4:7

I can easily get overwhelmed with too many options and responsibilities in life and I forget to really pay attention to my child's unique personality and likes and dislikes. I try to take the time to observe what brings her pleasure and what overwhelms her. I watch her reactions to foods, trying to figure out whether the reasons he doesn't like some things is because of taste or texture or maybe smell. And I've learned that too many experiences of any kind can make my child turn away, cry, or begin to shut down. When she tries something new, I say, **That was a good try. You are learning new things. I love you!**

Try This:

It's a process for little ones to figure out how their actions and voices affect others. Sometimes they need to hear an example of how it should sound to make a calm request rather than scream when another child takes away a toy. Sometimes they need to learn to whisper instead of saying out loud, "That man is fat." I found as I use each situation as a teaching time, my child learns better ways to express herself.