



Gospel Light®

HOME DISCUSSION GUIDE
for ages infant-36 months

WINTER A
Lesson 6

Who's That Growing?

Your hands made me and formed me.

Psalm 119:73

Isn't it fun to watch the growth of your little children? From one day to the next, you can see how they are developing in amazing ways. A fun game for developing arm-and-hand control is tossing soft toys into a laundry basket. Keep a variety of toys of different textures and sounds around to help your child experience all their senses. I found that my local dollar or discount store was a great source for squishy balls, yarn balls, fabric cubes, small stuffed animals and squeaky balls. As we'd play, I'd say, **You're getting bigger every day. See how your fingers and arms move? God helps you grow.**

Try This:

Once my toddler had developed enough muscle control to walk without stumbling, we often enjoyed fun music activities. We each had a nylon scarf to wave as we swayed to the music. As he gained coordination, I put on music that was great for hopping around the room like frogs, galloping like horses and slithering like snakes.