



# Gospel Light®

HOME DISCUSSION GUIDE  
for Elementary

WINTER D  
Lesson 12

## Stop and Listen

***“My sheep listen to my voice; I know them, and they follow me.”***

John 10:27

When I wake up in the morning, I reach for my Bible to read a little bit before I get up. When I wake my daughter, we pray together before she gets out of bed. Before bed, we do the same. Finding time to spend in prayer during trips to the grocery store, at soccer practice or after a long day at work can be a challenge. But when we start and end our days spending some time with Jesus, it helps us settle our minds as we remember that no matter how busy we are, we belong to our Shepherd, and we’re wise to listen for His voice.

### Try This:

Brainstorm with your kids seven ways to spend time with Jesus this week (such as listen to worship music, read a chapter of the Bible, sit for 10 minutes in silence, etc.). Assign a different way to each day of the week. At the end of the week, talk as a family about what was your favorite and least favorite way to spend time with Jesus.