



Gospel Light®

HOME DISCUSSION GUIDE
for ages 2-5 years

WINTER B
Lesson 4

Feeling Safe and Secure

"The Lord your God is with you."

Zephaniah 3:17

I want my child to grow up feeling safe and secure because of God's care. So at this time of the year when we've been talking about the Christmas story, I point out to my kids the stars in the nighttime sky. I say, God put a bright star in the sky to lead wise men to find baby Jesus. **God was with them.** When I make or buy Christmas cookies, I try to include stars. My kids help frost them and add sprinkles, and we talk about how God is always with us like He was with the wise men.

Try This:

At bedtime I give my kids a hand, foot, or face massage, or gently rub their backs. Each of my kids likes something different. I do what they like best. After the kids are in bed, I treat myself to a frozen water bottle that I roll under my tired feet.