



# Gospel Light®

HOME DISCUSSION GUIDE  
for ages 2-5 years

WINTER B  
Lesson 2

## Making Bedtime Fun

*“God’s Son is born for us.”*

See Isaiah 9:6

Sometimes my kids are out of sorts at bedtime. To help end the day in a good way (and help them remember the real meaning of Christmas), we play a fun game. I say, **Let’s pretend to be Mary and Joseph traveling to Bethlehem.** First we “pack up” by looking around for toys and things that need to be put away. Then we travel to the bedroom—I might play the donkey with a rider on my back! We look for a place to spend the night. Once in bed, I wrap my child in his special blanket, and hold him like a little baby, rocking him, as I tell him the story of Jesus being born. I say, **God loved you so much He sent Jesus to be born as a baby. I love you so much, too.**

### Try This:

To help my child develop language, build his vocabulary, and learn about the meaning of Christmas, I talk throughout the day about what we’re doing—especially when we’re decorating or preparing for Christmas. To encourage good listening, I listen when he talks and respond to what he says.