



# Gospel Light®

HOME DISCUSSION GUIDE  
for ages 10-12

WINTER B  
Lesson 7

## Be True to Yourself

*“Anyone who listens to the word but does not do what it says is like a man who . . . forgets what he looks like.”*

James 1:23-24

Help your kids get the point of these verses from James by playing a fun game while you're driving in the car or waiting in line somewhere. Take turns asking each other about the appearance of family members yesterday. For example, ask, **What shirt did I wear yesterday? What jacket did Mom wear?** What shoes did you wear? Who has the better memory? Then explain that reading God's Word and not doing what it says is like looking in a mirror and immediately forgetting what you look like. Share with your preteen how God's Word guides you in the choices you make in life and how you read God's Word and do what He wants you to do.

### Try This:

After church, we ask our kids what they heard about God at church. See who can remember the most. We keep their take-home papers and look at them at bedtime during the week. When something comes up about the topic, we talk about it and apply God's Word to our lives as we can.