



# Gospel Light®

HOME DISCUSSION GUIDE  
for ages infant-36 months

WINTER B  
Lesson 2

## Simple Pleasures

*“Give thanks to the Lord, for he is good; his love endures forever.”*

1 Chronicles 16:34

Sometimes I fall into the trap of thinking that enjoying the Christmas season involves spending a lot of money. But I’ve found that simple pleasures are most enjoyed by my little child. Playing a CD of favorite Christmas music, shaking some child-safe bells and looking at colorful Christmas lights are favorites if we’re together and not distracted by the hustle and bustle of the season. Then it’s easy to say, **All these lights and pretty music remind us that Jesus was born at Christmas. We are so thankful for Jesus!**

### Try This:

During the busy Christmas season, we try keeping routines as normal as possible to prevent little ones (or grownups) from getting overwhelmed. I’ve discovered we all get along better if I say no to some of the activities so that we have time to focus on each other.