

Together Time

Esther Helps God's People: Selected verses from Esther 2–5, 7, 8

Family Talk

Think for a moment about Queen Esther's predicament. (Read Esther

2–5, 7, 8.) Talk about a time of stress! But Queen Esther knew whom to turn to during the stressful moments—God.

Have you thought about the stress factors that impact your child's life? Do you know stress signs to watch for? Children under stress often complain of physical ailments. They sometimes withdraw and become loners. Aggression, restlessness, or a diminished ability to focus on tasks are also signs of stress.

If you see signs of stress in your child's life, seek God's help. Ask Him to guide you as you gain control over the stress factors and as you help your child to find God's peace.

Bible Memory FUN

Deuteronomy 6:17, 18

Find these verses in a family Bible. Make a crown to wear at dinnertime. Take turns wearing it. The one who wears the crown can say the Bible Memory.

This week, help your child remember:

God helps us help others.



Family Fun...

Family Royalty. Take turns being king or queen for a day. Allow the king or queen to choose a family activity to do that day. (Examples: play a board game, take a walk, go to the pool.) While participating in the family activity, talk about Queen Esther and how she helped God's people.

Daily Talks with God

Use these thoughts at mealtimes, bedtimes, or other times when you pray with your child this week.

Esther was brave! God, help me to follow her example.

I will be a helper who shows God's love to others!

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