

faith & family

Life Source

Family Devotions

Hopefully your preteen is beginning to develop a habit of personal devotions. But there are still plenty of times when your input is needed—and valued. Encourage your child to read the daily Scriptures. Read the verses yourself. Use the questions to help your preteen understand the verses and apply them to life. Discover and learn from God’s Word—together!

○ **SUNDAY**—Read Psalm 42:1-3.

The writer of this psalm uses a word picture of a thirsty deer to describe the way he longs for God. What word picture describes how you long for God’s presence?

○ **MONDAY**—Read Psalm 56:3, 4.

How do we know God is trustworthy? What are some other Scriptures that can comfort us when we are afraid?

○ **TUESDAY**—Read Proverbs 3:5, 6.

How can trusting in our own understanding get us into trouble? What does worrying accomplish? How can God help us when we are worried?

○ **WEDNESDAY**—Read Nahum 1:7.

How does it feel to find shelter when we need it? How is God a refuge, or shelter, for us in times of trouble?

○ **THURSDAY**—Read Matthew 6:25-34.

Is there anything you are worrying about today? What is it? What should we seek first to help us overcome our worries?

○ **FRIDAY**—Read Philippians 4:4-7, 19.

When should we rejoice? What should we do instead of worrying about things? Are there any specific requests we need to take to God today?

○ **SATURDAY**—Read 1 Peter 5:7.

Which worries should we give to God? Why should we give our worries to God? How has God taken care of us this week?



POWER SURGE

Find these verses in the Bible.
Together, memorize the verses.
Jeremiah 29:11, 12

Talk to God! He’s waiting to hear from you!